## **Overcoming Time Constraints**

# Michigan Harvest of the Month™ Training School Teams' Tips for Success!

#### Successes:

- Prepackaged fruits/vegetables are helpful
- Use helpers to distribute
- Ability to integrate into science or reading curriculum
- Could use resources for the time between reading groups
- Use resources in the morning along with eating
- Use with the grab-n-go breakfast
- Offer quick snacks
- Sample cups to taste while students are in cafeteria line

#### **Challenges:**

- Curriculum requirements
- Time to prepare
- Ordering and receiving materials
- Takes time to prepare fruit/veggie to eat (peeling an orange)
- Concern with attracting pests
- Concerns with spills in the classrooms



- Not enough time to allow students to eat
- Finding time to include resources
- Getting teacher buy-in
- Snow days





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