

Taste. Move. Learn.*

A Program Serving People with Cognitive Disabilities

Survey Administration Protocol

Planning & Preparation

- The survey is a PDF that can be printed from the Partner Portal in the Evaluation Section on the “Survey Protocols – Scantron and Online” page.
- Print surveys and bring writing devices for participants. Pen or pencil are both fine to use.

When to Administer

- This survey has been developed for use with the Taste. Move. Learn. Intervention to be completed by participants with cognitive disabilities.
- The survey should be **during the last lesson** in the series.

Considerations

- If this survey will be difficult for your participants to complete, consider shortening it.
- Items 3-4 are the priority because they most closely tie to outcomes.
- If there are participants that will not be able to fill out the survey, give them an alternate activity to do while others fill it out.

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Participant Survey

How old are you? _____

CIRCLE THE BEST ANSWER.

1. Did you learn anything new in this program? YES NO

2. Did you understand what the teacher talked about? YES NO

3. Do you eat more fruits and veggies because of the program? YES NO
Examples: [Images of fruits and vegetables]

4. Do you do more physical activity or exercise because of the program? YES NO
Examples: [Images of physical activities]

5. Was the program fun? YES NO

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Administration

- Text in italics can be read aloud.
- Have a copy of the survey available for yourself to read questions and answer options.
- We can't assume participants can read it on their own, so please read items and responses aloud to the group.
- Ideally assistants will be available to help participants as needed.
- Any item can be left blank if participants do not understand it or do not know which answer to choose.
- Some word choices might be more appropriate depending on the setting or references participants have heard before, so feel free to adapt appropriately.

I am going to ask you some questions about the [classes, lessons, program]. As I read, follow along with me.

- *First, write your age on the line under the circle at the top (point).*
- *Then, find the number “1” at the top of the paper. #1 asks if you learned anything new from the classes/lessons/program. If you did learn something new circle “yes”, if did not learn anything new, circle “no”. Did everyone choose an answer for #1?*
- Continue for items 2-5.

Returning Completed Surveys

Collect surveys and scan and email or mail them to your MFF evaluator or project manager. Please enclose a note that indicates how many of the ten lessons were provided to participants.