

SNAP-Ed Book List

Updated: 1/26/17

The Michigan Fitness Foundation (MFF) has reviewed primarily children’s books and created the SNAP-Ed Book List to make it easy for the MFF SNAP-Ed Partners to find books for their programs that are pre-approved for SNAP-Ed allowability. These books are divided into two categories for use in SNAP-Ed programming. The first category, highlighted in green, is books that are Fully Approved. The second category, highlighted in yellow, is books that need Pre-approved Reader Notes.

The books that are Fully Approved meet SNAP-Ed behavioral objectives or can be used very easily to reinforce a lesson meeting one of the SNAP-Ed behavioral objectives.

The books that need Pre-approved Reader Notes may be used in Michigan SNAP-Ed programming only when they are used with supporting talking points that help the reader connect the book with a SNAP-Ed behavioral objective. These talking points (reader notes) must be pre-approved by your MFF SNAP-Ed Project Manager. The Pre-approved Reader Notes can include written connections between the book and your SNAP-Ed intervention, tip sheets developed for the book, etc. The Pre-approved Reader Notes must accompany your invoice when books are submitted for reimbursement.

Other books may or may not be allowable for SNAP-Ed programming. To determine allowability, start by using the Book Review Criteria form on the website to review the book and then work with your MFF SNAP-Ed Project Manager to gain approval for the book before purchasing.

Book Title	Author	Fully Approved	Need Pre-approved Reader Notes
Nutrition Fun With Brocc & Roll: A Hands-on Activity Guide	Liakos-Evers, Connie	x	
Oh, the Things You Can Do that are Good For You	Rabe, Trish	x	
A Book of Fruit	Lember, Barbara Hirsch	x	
A Fruit is a Suitcase for Seeds	Richards, Jean	x	
A Garden for Pig	Thurman, Kathryn	x	
A Harvest of Color	Eclare, Melanie	x	
A Life Like Mine	UNICEF	x	
A Taste of the Mexican Market	Grande Tabor, Nancy Maria	x	
A Visit to the Farmers' Market	Sissel-Phelan	x	
ABC's of Fruits and Vegetables, The	Charney, Steve	x	
Adventurous Chef: Alexis Soyer, The	Arnold, Ann	x	
Alphabet Soup	Gustafson, Scott	x	
An Edible Alphabet	Waterson, Carol	x	
And the Good Brown Earth	Henderson, Kathy	x	
Animal Picnic, The	Perkins, Leslie	x	
Apple Farmer Annie	Wellington, Monica	x	
Apple Fractions	Pallotta, Jerry	x	
Apples Grow on a Tree	Schuh, Mari	x	
Are You Eating Something Red?	Sias, Ryan	x	
Baby Food	Freymann, Saxton	x	
Backyard Cookbook	Rees, Bob	x	
Beastly Feast, The	Goldstone, Bruce	x	
Blue Potatoes, Orange Tomatoes	Creasy, Rosalind	x	
Blueberries Grow on a Bush	Schuh, Mari	x	
Bread And Jam For Frances	Hoban, Russell	x	
Bread Comes to Life	Levenson, George	x	
Brenda Doesn't Like Broccoli	Shivers, Juliette	x	
Bring Me Some Apples and I Will Make You a Pie	Gourley, Robbin	x	
Build a Burrito	Vega, Denise	x	
Burp!	Swanson, Diane	x	

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Busy Body Book, The	Rockwell, Lizzy	x	
Busy in the Garden	Shannon, George	x	
Carrot Soup	Segal, John	x	
Carrots Grow Underground	Schuh, Mari	x	
Come and Play with Us!		x	
Come Out and Play	Ajmera, Maya and John D Ivanko	x	
Cool Fuel Kids Cookbook	Produce for Better Health	x	
Dream Big	Jordan, Deloris	x	
Eating Fractions	McMillan, Bruce	x	
Eating Healthy Everyday	Weingart, Cydney	x	
Eating the Alphabet	Ehlert, Lois	x	
Encyclopedia of Foods		x	
Enormous Potato, The	Davis, Aubrey	x	
Evening Meals Around the World	Zurakowski, Michele	x	
Everybody Bakes Bread	Dooley, Norah	x	
Everybody Cooks Rice	Dooley, Norah	x	
Exercise	Gordon, Sharon	x	
Fall Apples	Rustad, Martha E. H.	x	
Fall Harvests	Rustad, Martha E. H.	x	
Family	Monk, Isabell	x	
Feast for 10	Falwell, Cathryn	x	
Fish Who Wished He Could Eat Fruit, The	Stefancin, Kathleen	x	
Food for Thought	Freymann, Saxton	x	
Food Safety	Gordon, Sharon	x	
Fred the Fish and the Squash that Goes Squish	Christofferson, Duke	x	
From Head to Toe	Carle, Eric	x	
From Seed to Plant	Gibbons, Gail	x	
From the Garden	Dahl, Michael	x	
Fruit	Anderson, Sara	x	
Fruit Bowl-A Contest Among the Fruit	Warren, Dianne	x	
Fruits and Vegetables	Rosa-Mendoza, Gladys	x	
Garden Project, The	McNamara, Margaret	x	
Get Moving with Elmo		x	
Giant Carrot, The	Peck, Jan	x	
Giraffes Can't Dance	Giles	x	
Go, Go, Grapes!	Pulley, April Sayre	x	
Good Enough to Eat: A Kid's Guide to Food & Nutrition	Rockwell, Lizzy	x	
Good For You	Evers, Connie	x	
Good Garden, The	Milway, Katie Smith	x	
Grow Your Own Sandwich	Malam, John	x	
Grow Your Own Snack	Malam, John	x	
Grow Your Own Soup	Malam, John	x	
Growing Colors	McMillan, Bruce	x	
Growing Vegetable Soup	Ehlert, Lois	x	

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Healthy Food Choices	Noonan, Diana	x	
Healthy Snacks on MyPlate	Schuh, Mari	x	
Healthy Snacks with Blue	Chandra, J-P	x	
Hop, Hop, Jump!	Krosoczka, Jarrett	x	
How Apple Trees Grow	Mattern, Joanne	x	
How Did That Get In My Lunchbox?	Butterworth, Chris	x	
How Do Apples Grow?	Maestro, Betsy	x	
How Do Dinosaurs Eat Their Food?	Yolen, Jane and Teague	x	
How Do You Raise a Raisin?	Ryan, Pam Manzo	x	
How Does Your Salad Grow?	Alexander, Francie	x	
How Groundhog's Garden Grows	Cherry, Lynne	x	
How to Teach Nutrition to Kids 4th Edition	Liakos-Evers, Connie	x	
How to Train with a T. Rex & Win	Phelps, Michael	x	
I Can Fly	Krauss, Ruth	x	
I Like Fruit	Siminovich, Lorena	x	
I Like Oranges	Pickering, Robin	x	
I Will Never Not Ever Eat a Tomato	Child, Lauren	x	
In Search of the Perfect Pumpkin	Evangelista, Gloria	x	
In the Kitchen	Canizares, Susan and Chesson, Betsy	x	
It's Science! Food		x	
Jody's Beans	Doyle, Malachy	x	
Kids Around the World Celebrate	Jones, Lynda	x	
Kids Around the World Cook	Braman, Arlette N.	x	
Kids in the Garden	McCorquodale, Elizabeth	x	
Lettuce Grows on the Ground	Schuh, Mari	x	
Lily's Garden	Tray, Deborah Kogan	x	
Little Mouse, The Red Ripe Strawberry and the Big Hungry Bear	Wood, Don and Audrey	x	
Market Day! Colors, Shapes, Numbers, Opposites	Roberts, Victoria	x	
Max Exercises	Van Genechten, Guido	x	
Midday Meals Around the World	Zurakowski, Michele	x	
Milk Makers, The	Gibbons, Gail	x	
Molly the Monkey Finds a Pineapple	Stefancin, Kathleen	x	
Monster Health Book, The	Miller, Edward	x	
Move!	Jenkins, Steve	x	
Muncha! Muncha! Muncha!	Fleming, Candace and Karas, G. Brian	x	
My Amazing Body	Thomas, Pat	x	
My Apple Tree	Bauer, David	x	
My First Flip-Flap Book of Fruit		x	
My Very First Book of Numbers	Carle, Eric	x	
MyPlate and You	Olson, Gillia M.	x	
Oliver's Milk Shake	French, Vivian	x	
Organ Wise Guys, The. Basic Training for Better Health	Lombardo, Michelle	x	
Our Community Garden	Pollak, Barbara	x	

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Pick, Pull, Snap!	Schaefer, Lola	x	
Piglet's Picnic	Souhami, Jessica	x	
Pizza that We Made, The	Holub, Joam	x	
Plants Feed Me	Rockwell, Lizzy	x	
Potato Soup	Weinstein, Phil	x	
Potluck	Shelby, Anne	x	
Pretend Soup and Other Real Recipes	Katzen, Mollie	x	
Pumpkin Runner, The	Arnold, Marsha Diane	x	
Pumpkin Soup	McInerney, Kathleen	x	
Rah, Rah Radishes	Sayre, April Pulley	x	
Runaway Garden, The	Schatzer, Jeffery	x	
Running Bear and the Crim Kids	Nottingham, Sue	x	
Saturday Sancocho	Torres, Leyla	x	
Secrets of the Garden	Zoehfeld, Kathleen Weidner	x	
Seeds! Seeds! Seeds!	Wallace, Nancy Elizabeth	x	
Simply in Season	Beach, Mark and Kauffman, Julie	x	
Skippyjon Jones Shape Up	Schachner, Judy	x	
Snow Dance	Evans, Lezlie	x	
Spriggles: Activity and Exercise	Gottlieb, Jeff and Martha	x	
Spriggles: Health and Nutrition	Gottlieb, Jeff and Martha	x	
Staying Healthy: Let's Exercise	McGinty, Alice	x	
Stinky & Stringy & Bulb Vegetables	Hughes, Meredith Sayles	x	
Stone Soup	McGovern, Ann	x	
Strawberries are Red	Horacek, Petr	x	
Surprise Garden, The	Hall, Zoe	x	
Sweet as a Strawberry	Smallwood, Sally	x	
Sylvia's Spinach	Pryor, Katherine	x	
Tales for Very Pickey Eaters	Schneider, Josh	x	
Tangerine and Kiwi Visit the Cheese Maker	Leloua, Laila	x	
Three Days on a River in a Red Canoe	Williams, Vera B.	x	
Today is Monday	Carle, Eric	x	
Tomatoes Grow on a Vine	Schuh, Mari	x	
Tops & Bottoms	Stevens, Janet	x	
Tortilla Factory, The	Paulsen, Gary	x	
Treats from a Tree	Canizares, Susan	x	
Two Bite Club, The		x	
Ugly Vegetables, The	Lin, Grace	x	
Up, Down, and Around	Ayres, Katherine	x	
Using MyPlate	Rissman, Rebecca	x	
Vegetable Alphabet Book, The	Pallotta, Jerry, et. al.	x	
Vegetable Garden	Florian, Douglas	x	
Vegetable Soup	Morris, Ann	x	
Vegetables	Anderson, Sara	x	
Vegetables on MyPlate	Schuh, Mari	x	

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Vegetables We Eat, The	Gibbons, Gail	x	
Vicky's Vegetables	Stango, Diane	x	
Wash Your Hands	Ross, Tony	x	
Wash Your Hands	McNamara, Margaret	x	
We Eat Food that's Fresh	Russ-Avon, Angela	x	
We Like to Eat Well	April, Elyse	x	
We Like to Move. Exercise is Fun	April, Elyse	x	
What's Cooking, Jenny Archer?	Conford, Ellen	x	
What's in Grandma's Grocery Bag?	Pan, Hui-Mei	x	
Who Grew My Soup?	Daryshire	x	
Wiggle Like an Octopus	Ziefert, Harriet	x	
You Are Healthy	Snow, Todd	x	
Your Tummy's Talking	Cochran, Jean M.	x	
Yum! MmMm! Quericol!	Mora, Pat	x	
June 29, 1999	Wiesner, David		x
A Bad Case of Stripes	Shannon, David		x
A Crazy Day at the Critter Café	Odanaka, Barbara		x
A Day at the Market	Anderson, Sara		x
A is for Amazing Moments	Herzog, Brad		x
Animal Boogie	Harter, Debbie		x
Ants Came Marching..., The	Kelly, Martin		x
Apple Trees	Saunders-Smith, Gail		x
Apple Trees and the Seasons	Lundgren, Julie K.		x
Apples	Landau, Elaine		x
At the Grocery Store	Greene, Carol		x
Barnyard Dance	Boynton, Sandra		x
Bearobics	Parker, Vic		x
Blueberries for Sal	McCloskey, Robert		x
Boom Chicka Rock	Archambault, John		x
Bread is for Eating	Gershator, David and Phillis		x
Bug Dance	Santoro, Christopher		x
Carla's Sandwich	Herman, Debbie		x
Carlos and the Squash Plant	Stevens, Janet		x
Carlos Digs to China	Stevens, Jan Romero		x
Carrot Seed, The	Krauss, Ruth		x
Char Siu Bao Boy	Yamate, Char		x
Cherries and Cherry Pits	Williams, Vera B.		x
Chicks and Salsa	Reynolds, Aaron		x
Come and eat with us!			x
Cook-a-Doodle-Do	Stevens, Janet		x
Count on Pablo	deRubertis		x
Daddy Makes the Best Spaghetti	Grossnickle Hines, Anna		x
Dim Sum for Everyone	Lin, Grace		x
Dinosaur Stomp!	Stickland, Paul		x

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Duck Soup	Urbanovic, Jackie		x
Dumpling Soup	Rattigan, Jama Kim		x
Eating Pairs	Schuette, Sarah L.		x
Eating the Plates	Penner, Lucille Recht		x
Everybody Brings Noodles	Dooley, Norah		x
Everybody Serves Soup	Dooley, Norah		x
Everything but the Kitchen Sink	Wishinsky, Frieda		x
Fannie in the Kitchen	Hopkinson, Deborah		x
Farm Alphabet Book	Miller, Jane		x
Farmer McPeepers & His Messy Milk Cows	Duffield, Katy		x
Farmers Market	Park, Carmen		x
Farmer's Market	Rendon, Marcie & Beville, Cheryl		x
Food	Hall, Margaret		x
Food Allergies	Taylor-Butler, Christine		x
Froggy's Day with Dad	London, Jonathan		x
From Bean to Bean Plant	Ganeri, Anita		x
From Eye to Potato	Weiss, Ellen		x
From Seed to Apple	Ganeri, Anita		x
Fruits	Bodach, Vijaya Khisty		x
Funny Walks	Hindley, Judy		x
Fussy Freya	Quarmby, Katharine		x
Garden of Happiness, The	Tamer, Erika		x
George Washington Carver, The Peanut Wizard	Driscoll, Laura		x
Germs Are Not for Sharing	Verdick, Elizabeth		x
Germs Make Me Sick	Berger, Melvin		x
Germs! Germs! Germs!	Katz, Bobbi		x
Get Moving!	Schuh, Mari		x
Gigantic Turnip	Tolstoy, Aleksei		x
Grandma Lena's Big Ol' Turnip	Hester, Denia		x
Gregory, the Terrible Eater	Sharmat, Mitchell		x
Grow Your Own Smoothie	Malam, John		x
Guacamole, A Cooking Poem	Argueta, Jorge		x
Have a Good Day Café, The	Park, Frances & Ginger		x
Healthy Eating	Claybourne, Anna		x
Healthy Kids	Ajmera, Maya		x
Hey! Wake Up!	Boynton, Sandra		x
Hola Jalapeno	Wilson Sanger, Amy		x
Hoops	Burleigh, Robert		x
How Does My Garden Grow?			x
How My Family Lives in America	Kuklin, Susan		x
Hungry Planet	Menzel, Peter and D'Aluisio		x
In the Garden: Who's Been Here?	George, Lindsay Barrett		x
Incredible Book Eating Boy, The	Jeffers, Oliver		x
International Cookbook for Kids, The	Locricchio, Matthew		x

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Jack and the Hungry Giant Eat Right with MyPlate	Leedy, Loreen		x
Jalapeño Bagels	Wing, Natasha		x
Johnny Appleseed My Story	Harrison, David L.		x
K is for Kick. A Soccer Alphabet	Herzog, Brad		x
Katie Kazoo, Switcheroo: Out to Lunch	Krulik, Nancy		x
Kiss the Cow!	Root, Phyllis		x
Let's Eat	Hollyer, Beatrice		x
Let's Eat!	Zamorano, Ana		x
Little Pea	Rosenthal, Amy Krouse		x
Little Red Hen, The (Makes a Pizza)	Sturges, Philemon		x
Magda's Tortillas	Chavarria-Chairez, Becky		x
Mama Panya's Pancakes	Chamberlin, Mary & Rich		x
Math at the Store	Weiss, Ellen		x
Mealtime	Verdick, Elizabeth		x
Monkey See, Monkey Do	Gave, Marc		x
Mrs. McNosh & the Great Big Squash	Weeks, Sarah		x
Multicultural Meals	Kalman, Bobbie		x
My Five Senses	Aliki		x
My Very First Book of Motion	Carle, Eric		x
Noisy Breakfast	Blonder, Ellen		x
Nothing to Do	Wood, Douglas		x
Oliver's Fruit Salad	French, Vivian		x
On Top of Spaghetti	Johnson, Paul Brett		x
One is a Feast for a Mouse	Cox, Judy		x
Organ Wise Guys, The. How to be Smart from the Inside Out	Lombardo, Michelle		x
Organ Wise Guys, The. The Healthy Heart Challenge	Lombardo, Michelle		x
People Need Plants	Dodson Wade, Mary		x
Perils of the Peanut Butter Kid, The	Frohlichstein, Cynthia Kagan		x
Picking Apples and Pumpkins	Hutchings, Amy & Richard		x
Pickles, Please!	Myer, Andy		x
Pizza	Romay, Saturnino		x
Pizza Counting	Dobson, Christina		x
Plant Foods	Freeman, Marcia S.		x
Planting the Seed: A Guide to Gardening	Winckler, Suzanne		x
Popcorn	Moran, Alex		x
Pretend You're a Cat	Marzollo, Jean		x
Pumpkin Time	Weidner Zoefeld, Kathleen		x
Pumpkins	Nelson, Robin		x
Rap A Tap Tap	Dillon, Leo & Diane		x
Ready Set Grow!			x
Reason for a Flower, The	Heller, Ruth		x
Seeds	Bodach, Vijaya Khisty		x
Sell What You Sow!	Gibson, Eric		x
Seven Silly Eaters, The	Hoberman, Mary Ann		x

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Shante Keys and the New Year's Peas	Piernas-Davenport, Gail		x
Sometimes I Like to Curl Up Into a Ball	Churchill, Vicki		x
Sopa de frijoles * Bean Soup	Argueta, Jorge		x
Story of Orange Juice, The	Trumbauer, Lisa		x
Summer	Low, Alice		x
Tea with Milk	Say, Allen		x
This is the Way We Go to School	Baer, Edith		x
Thunder Cake	Polacco, Patricia		x
To Market, To Market	Miranda, Anne		x
Tomatoes From Mars	Yorkins, Arthur and Drunker, Mort		x
Too Many Pears!	French, Jackie and Whately, Bruce		x
Trouble with Cauliflower, The	Sutton, Jane		x
Very Hungry Caterpillar, The	Carle, Eric		x
Wake Up, World	Hollyer, Beatrice		x
Watermelon Wishes	Moser, Lisa		x
We Gather Together	Pfeffer, Wendy		x
We're Going on a Bear Hunt	Rosen, Michael		x
We're Making Breakfast for Mother	Neitzel, Shirley		x
What's for Lunch? Bread	Llewellyn, Claire		x
Wilma Unlimited	Krull, Kathleen		x
Wolf Wolf	Rocco, John		x
Wonder Goal	Foreman, Michael		x
World in a Supermarket, The	Williams, Rozanne Lanczak		x