

Program Evaluation (Youth)

We want to know what you think about this program. Answers are not shared with parents or teachers. Thank you!

How did you get this program? (select all that happened)

- I was in the classroom and so was the person teaching
- I was in the classroom and the person teaching was online
- I was at home/not in the classroom and so was the person teaching



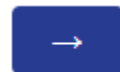
Q1 Did you enjoy learning about healthy eating?

- Yes
- No
- Not Sure



Q2 How interesting was this program?

- Very
- Somewhat
- Not



Q3 Did you talk to anyone at home about what you learned?

Yes

No



Q4 Did you learn anything new about how to be healthy?

Yes

No

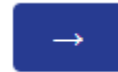
Not Sure



Q5 I could understand the information.

Yes

No, it was too hard



Q6 How long do online lessons keep your attention?

5 minutes or less

6-10 minutes

11-20 minutes

20 minutes or more



Q7 Did you enjoy the physical activity?

- Most of it
- Some of it
- None of it
- I did not do any physical activity



Q8 How did you see the lessons? *Please select all that apply.*

- On a phone
- On a computer
- On a tablet/iPad
- TV
- Other: _____



Q9 What distractions did you have during the lessons? *Please select all that apply.*

- TV or music
- People talking
- Tempted to play games
- Was getting emails or texts
- Too much going on
- Didn't have distractions
- Other: _____



Q10 Are you eating more fruit because of this program?

- Yes
- No
- Not sure



Q11 Are you eating more vegetables because of this program?

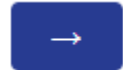
- Yes
- No
- Not sure



ou a healthier eater because of this program?

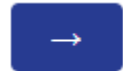


- Yes
- No
- Not sure



Q13 Are you doing more physical activity because of this program?

- Yes
- No
- Not sure



Q14 Select any of these you want to do in the future because of what you learned.

Eat more fruit

Eat more veggies

Eat healthier snacks

Be more physically active

Wash my hands more often

I don't want to do any of these

Other: _____



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Q15 What grade are you in? If it's summer, what grade did you just finish?

▼ 3rd ... 12th



Submit

Thank you for taking this survey!

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