## **Program Evaluation (Youth)**

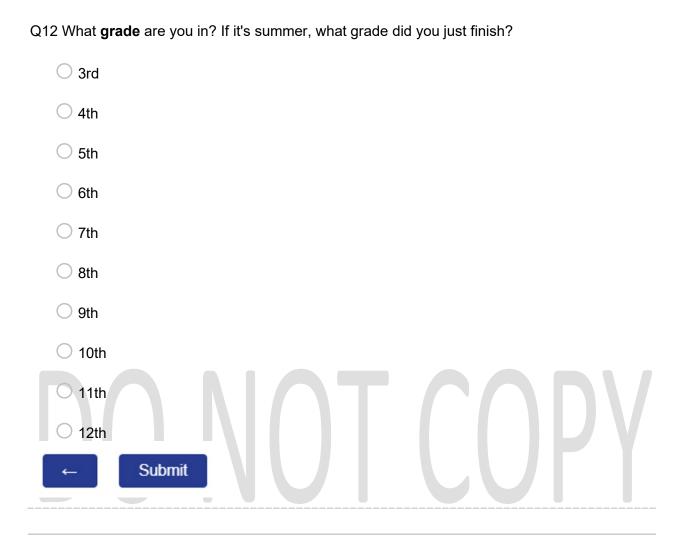
We want to kno	ow what you think about the food and healthy eating lessons.	
Q1 Did you enjoy the lessons about food and healthy eating?		
	Yes, a lot	
	Yes, some	
	No	
←	$\rightarrow$	
Q2 How many food and healthy eating lessons were interesting?		
O Most or all of them		
O Some of them		
O None of them		
<b>←</b>	<b>→</b>	

Q3 Mark topics that you learned in the lessons:		
	Healthy drinks	
	Fruit	
	Vegetables	
	MyPlate	
	Physical activity	
<u></u> ←	I didn't learn about any of these →	
Q4 How much of the information in the lessons did you already know?		
O None	of it (was all new)	
Some of it was new to me		
I already knew most of it		
Q5 How would	d you rate the food and healthy eating lessons?	
O Great		
O Good		
Okay		
○ Not go	ood —	

Q6 How much of the information did you understand?
O Most or all of it
○ Some of it
O None of it
$\leftarrow$ $\rightarrow$
Q7 If lessons had physical activity, how much of it did you enjoy?
O Most or all of it
○ Some of it
O None of it
There was no physical activity
Q8 If you tasted foods in the lessons, did you enjoy them?
○ Yes, a lot
○ Yes, some
○ No
○ I did not try any
○ There were no foods to try

Q9 Mark all of these that you <b>are doing</b> because of the lessons.  I am:		
	Eating more fruit	
	Eating different fruits	
	Eating more vegetables	
	Eating different vegetables	
	Drinking more water	
	Doing more physical activity	
	I am not doing any of these more often	
←		
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Q10 Mark all <b>I plan to:</b>	of these that you <b>plan to do more often</b> because of the lessons.
	Eat more fruit
	Eat different fruits
	Eat more vegetables
	Eat different vegetables
	Eat healthier foods
	Drink more water
R	Do more physical activity
-	I don't plan to do any of these more often  →
Q11 Do you r	remember having lessons about food and healthy eating last year?
O Yes	
O Not su	ure
○ No ←	



Thanks for taking this survey!