

Program Evaluation (Youth) Administration Protocol (Version 126)

Planning & Preparation

- The surveys are in Scantron® (bubble sheet) format and can accept **pen (blue or black ink only) or No. 2 pencil**.
- Bring pens and No. 2 pencils with you for respondents.
- Be sure barcodes are placed on surveys before administration. Barcode instructions and templates can be found in the Partner Portal Evaluation section.

When to Administer

- This survey is only for children in grades 3 and higher. For summer programs, children should have completed 3rd grade.
- This survey should be taken **during the last lesson** in the series.
- Plan 10 minutes during the last session to administer surveys.

Administration

- To ensure data collection is not jeopardized it's important to administer surveys consistently to all groups and to remain neutral in presenting the survey and answering any questions that arise.
- If multiple people will be administering surveys, they should all be trained on appropriate and consistent administration.
- We can't assume participants can read it on their own, so please read items and responses aloud to the group.
- When you administer the survey, do not prompt by telling them what the words or phrases mean (you can do that after).
- Tell participants to select the best answer for them, but that they can leave the answer blank if they don't know which response to choose.
- Have a copy of the survey available for yourself to be able to read questions and answer options from.

Introduction

- You should include an introduction for respondents before handing out surveys. The introduction is brief and conveys a neutral perspective. An abbreviated introduction is also included at the top of the survey.
- Text in italics can be read aloud.

Now that we have finished the lessons, it's time to fill out a survey about this program. We use answers to make the program better for others in the future. Pick the most honest answer from the choices. Don't write your name or anything else on the survey, just your answers. Do you have any questions?

- *Let's get started. The first question is...*
- *The first answer is...*
- *The other answer choices are...* Continue with items 2-11.

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- For item #12: *There are several answer choices and you should mark all that are true for you. I will read though the list and pause for you to fill in circles of any answers that apply to you at this time.*
- For item #13 during the school year:
 - *Fill in the circle for the grade you are in now*
- For item #13 during the summer:
 - *Fill in the circle for the grade you just completed.*

Returning Completed Surveys

Collect surveys, and mail to the Michigan Fitness Foundation with a cover sheet for scanning.

Program Evaluation (Youth)

MARKING INSTRUCTIONS

← CORRECT → REVERSE → of 16 →

Bar Code Label Here

READ FIRST! We want to know what you think about this program. Answers are private and not shared with parents or teachers. Thank you!

How did you get this program? (Select all that happened.)

I was in the classroom and saw the person teaching

I was in the classroom and the person teaching was online

I was at home not in the classroom and the person teaching was online

1. Did you enjoy learning about healthy eating?

Yes, a lot Yes, some No

2. How interesting was this program?

Very interesting Somewhat interesting Not interesting

3. Did you talk to anyone at home about what you learned?

Yes No

4. Did you learn anything new about being healthy?

Yes, a lot Yes, some No

5. Was the information easy to understand?

Most of all of it Some of it None of it

6. Did you enjoy the physical activity, if there was any?

Yes, a lot Yes, some No I did not do any physical activity

Turn page over to continue →

7. Did you enjoy the foods you tried, if there was any?

Yes, a lot Yes, some No I did not try any foods

8. Are you a healthier eater because of this program?

Yes No Not sure

9. Are you doing more physical activity because of this program?

Yes No Not sure

10. Are you eating more fruit because of this program?

Yes No Not sure

11. Are you eating more vegetables because of this program?

Yes No Not sure

12. Which of these will you probably do in the future because of what you learned? (Select all that apply.)

Eat healthier foods in general

Eat more fruit

Eat more veggies

Eat healthier snacks

Try new foods more often

Be more physically active

Wash my hands more often

I don't think I will do any of these more often

13. What grade are you in? If it's summer, what grade did you just finish?

3rd

4th

5th

6th

7th

8th

9th

10th

11th

12th

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