



Brand Guidelines



PE-Nut™

Physical Education and Nutrition Working Together™ (PE-Nut™) is a nutrition and physical education program that uses a whole-school approach to motivate students, parents, and educators to eat healthier and be physically active. PE-Nut is designed to improve health behaviors by presenting simple, consistent nutrition and physical activity messages via multiple approaches.

Academic achievement improves when students receive a healthful diet and when they can be physically active throughout the school day. In PE-Nut, physical educators, classroom teachers, and school administrators work together to improve nutrition and physical activity in grades K–5. The program fits nicely with the Whole School, Whole Community, Whole Child approach. As a result, teachers' instructional time is more efficient. Numerous studies have linked physical activity to higher test scores. PE-Nut can therefore improve not only students' health, but also their learning.



Master logo



Logo variations



Color



Black



White

Available in EPS, PNG, and JPG formats.

Logo usage



Minimum height

The logo minimum height is 0.5 inches.

Maximum width

There is no maximum size defined for this logo.

Exclusion zones

Allow a minimum of 1" space around the logo as much as possible.



Rogue Sans Condensed Italic

Used primarily for main headings and callouts.

Available Weights: Cond Light, Cond Light Italic, Cond Medium, Cond Medium Italic, Cond Bold, Cond Bold Italic

ABCDEFGHIJKLMNOPQRSTUVWXYZ

abcdefghijklmnopqrstuvwxyz

1234567890!@#\$%^&()_+=",.:?><*

Light Italic

*Semiotics aesthetic freegan pour-over jianbing. Artisan blog
retro neutra.*

Medium Italic

*Semiotics aesthetic freegan pour-over jianbing. Artisan blog
retro neutra.*

Bold Italic

*Semiotics aesthetic freegan pour-over jianbing. Artisan blog
retro neutra.*

Open Sans

Used secondarily for paragraphs and body text.

Available Weights: Extra Light, Extra Light Italic, Light, Light Italic, Regular, Italic, Semi Bold, Semi Bold Italic, Bold, Bold Italic, Extra Bold, Extra Bold Italic

ABCDEFGHIJKLMNOPQRSTUVWXYZ

abcdefghijklmnopqrstuvwxyz

1234567890!@#\$%^&*()_+=":?><

Regular

Semiotics aesthetic freegan pour-over jianbing.
Artisan blog retro neutra.

Italic

Semiotics aesthetic freegan pour-over jianbing.
Artisan blog retro neutra.

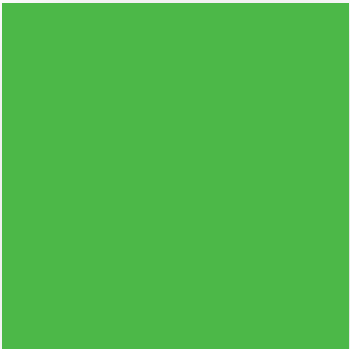
Bold

Semiotics aesthetic freegan pour-over jianbing.
Artisan blog retro neutra.

Brand guidelines

Color palette

Primary



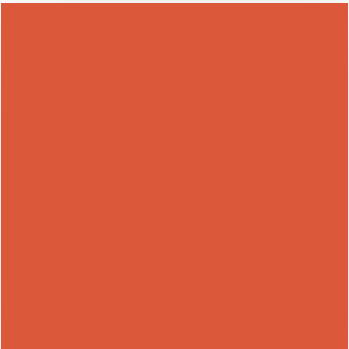
HEX 50b848
R80 G184 B64
C70 M0 Y100 K0



HEX f6871f
R246 G135 B31
C0 M57 Y100 K0



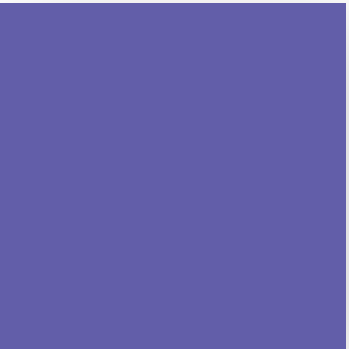
HEX 0088cc
R0 G136 B204
C90 M34 Y0 K0



HEX db593c
R219 G89 B60
C11 M80 Y85 K0



HEX b72573
R183 G37 B115
C30 M99 Y28 K0



HEX 645faa
R100 G95 B170
C70 M70 Y0 K0



HEX ed1c24
R237 G28 B36
C0 M100 Y100 K0



HEX 58595b
R88 G89 B91
C0 M0 Y0 K80



HEX 808285
R128 G130 B133
C0 M0 Y0 K60

Glossary

RGB

(Red, Green, Blue) color mode is for anything that is computer-based design. This includes websites, apps, banner ad and any other design created for electronic use.

CYMK

(Cyan, Magenta, Yellow, Black) color mode is used for print design. This includes logos, business cards, stationary, illustration, packaging and any other designs used for print.

Vector

Vector images are made up of points, lines, and curves that can be infinitely scaled without any loss in image quality.

Raster

Raster images are made up of a set grid of dots called pixels, where each pixel is assigned a color value. Unlike a vector image, raster images are resolution dependent. When you change the size of a raster image, you shrink or stretch the pixels themselves, which can result in a significant loss of clarity and produce very blurry images.

Lossless

Lossless image formats capture all of the data of your original file. Nothing from the original file, photo, or piece of art is lost—hence the term “lossless.” The file may still be compressed, but all lossless formats will be able to reconstruct your image to its original state.

Lossy

Lossy image formats approximate what your original image looks like. For example, a lossy image might reduce the amount of colors in your image or analyze the image for any unnecessary data. These clever technical tricks will typically reduce the file size, though they may reduce the quality of your image.

Glossary

JPEG/JPG

JPEG is a lossy raster format that stands for Joint Photographic Experts Group, the technical team that developed it. This is one of the most widely used formats online, typically for photos, email graphics and large web images like banner ads. JPEG images have a sliding scale of compression that decreases file size tremendously, but increases artifacts or pixelation the more the image is compressed.

AI

AI is a proprietary vector image format that stands for Adobe Illustrator. The format is based on both the EPS and PDF standards developed by Adobe. Like those formats, AI files are primarily a vector-based format, though they can also include embedded or linked raster images. AI files can be exported to both PDF and EPS files (for easy reviewing and printing), and also JPEG, PNG, GIF, TIFF and PSD (for web use and further editing).

EPS

EPS is an image format that stands for Encapsulated PostScript. Although it is used primarily as a vector format, an EPS file can include both vector and raster image data. Typically, an EPS file includes a single design element that can be used in a larger design.

PDF

PDF stands for Portable Document Format and is an image format used to display documents and graphics correctly, no matter the device, application, operating system or web browser. At its core, PDF files have a powerful vector graphics foundation, but can also display everything from raster graphics to form fields to spreadsheets. Because it is a near universal standard, PDF files are often the file format requested by printers to send a final design into production. Both Adobe Photoshop and Illustrator can export straight to PDF, making it easy to start your design and get it ready for printing.

PNG

PNG is a lossless raster format that stands for Portable Network Graphics. Think of PNGs as the next-generation GIF. This format has built-in transparency, but can also display higher color depths, which translates into millions of colors. PNGs are a web standard and are quickly becoming one of the most common image formats used online.

TIFF/TIF

TIFF is a lossless raster format that stands for Tagged Image File Format. Because of its extremely high quality, the format is primarily used in photography and desktop publishing. You'll likely encounter TIFF files when you scan a document or take a photo with a professional digital camera. Do note that TIFF files can also be used as a "container" for JPEG images. These files will be much smaller than traditional TIFF files, which are typically very large.