



Linking Lessons™ - Schools Fidelity Tracking Log

This log supports fidelity of program delivery for **Linking Lessons™ - Schools** (LL-S™) lesson series. Educators might find it helpful to take notes on a paper copy throughout the series. This log does not need to be submitted to Michigan Fitness Foundation (MFF) but could prompt a conversation with your local team around improving fidelity of program delivery. The evidence base for LL-S™ indicates that there was significant change in fruit and vegetable intake among middle and high school age participants.

Program Element	Fidelity Criteria	Criteria met
Training	Complete or view the annual MFF LL-S™ Training available on MFF's virtual platform, Connect Space.	
Setting	Middle or High Schools	
Participant Grade(s)	Grades 6 - 12	
Minimum Number of Lessons	At least 5 of the 10 lessons	
Minimum Lesson Length	At least 20 minutes	
Lesson Delivery Frequency	Weekly	
Lesson Order	Each series must begin with the <i>MyPlate</i> Lesson. Other lessons can be used in any order.	
Required Lesson Components	<i>Each lesson must use/include:</i>	
	1. Ensuring Success User/Lesson Guide	
	2. Food Tasting Experience	
	3. Lesson Poster	
Supplemental (Optional) Resources	MFF Community Connections Activities	
	Michigan Harvest of the Month™ Recipes	
Modifications <i>Were modifications made from your original plan for the series? (Select all that apply.)</i>	<input type="checkbox"/> Changed sequence of lessons <input type="checkbox"/> Decreased number of lessons <input type="checkbox"/> Increased number of lessons <input type="checkbox"/> Combined lessons <input type="checkbox"/> Shortened lesson time <input type="checkbox"/> Combined classrooms <input type="checkbox"/> Changed or replaced activities	<input type="checkbox"/> Replaced tasting with food demo (live or video) <input type="checkbox"/> Replaced recipe <input type="checkbox"/> Delivered food to remote site <input type="checkbox"/> Tasting component was omitted <input type="checkbox"/> Other: _____
Please provide a brief explanation for any required criteria partially addressed or not met:	Strategies to improve fidelity of program delivery for this intervention:	