

Food and Physical Activity Program Participant Survey

Survey Administration Protocol

Planning & Preparation

- This survey is intended to be completed by participants with neurodivergence or cognitive disabilities (Grades 3 and higher).
- The survey is a PDF that can be printed from the MFF SNAP-Ed Partner Portal in the Evaluation Section on the “Survey Protocols – Scantron and Online” page.
- Print surveys and bring pens or pencils for participants.

When to Administer

- The survey should be completed **after the last lesson** in the series.

Considerations

- If this survey will be difficult for your participants to complete, consider shortening it.
- Items 3-4 are the priority items because they most closely tie to outcomes.
- If there are participants that don't fill out the survey, give them an alternate activity to do while others complete it.

Food & Physical Activity
Participant Survey (FY25)

How old are you? _____

CIRCLE THE BEST ANSWER.

1. Did you learn anything new in the lessons? 🙅 NO 🙆 YES

2. Did you understand what the teacher talked about? 🙅 NO 🙆 YES

3. Do you eat more fruits and vegetables?
🍌 🍎 🥕 🥦 🥑 🍌 🍎 🥕 🥦 🥑

4. Are you doing more physical activity? 🙅 NO 🙆 YES

5. Were the lessons fun? 🙅 NO 🙆 YES

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Administration

- Text in *italics* (below) can be read aloud.
- Have a copy of the survey to read questions and answer options aloud.
- Repeat the question and responses if needed.
- Ideally, assistants would be available to help participants as needed.
- Any item can be left blank if participants do not understand it or do not know which answer to choose.

I am going to ask you some questions about the [classes, lessons, program] we did together. As I read, follow along with me.

- *First, write your age on the line under the circle at the top (point).*
- *Then, find the number “1” at the top of the paper. #1 asks if you learned anything new from the classes/lessons/program. If you did learn something new circle “yes or the thumbs up graphic”, if did not learn anything new, circle “no” or the thumbs down graphic. Did everyone choose an answer for #1?*
- Continue for items 2-5.

Returning Completed Surveys

Collect surveys and scan and email or mail them to your MFF evaluator or program manager.