



Nutrition-Enhanced EPEC K-5 Training

Welcome and Introductions

Standards and Physical Literacy

EPEC K-5 Overview

Teaching and Learning Progressions

Instructional Segments

Nutrition Reinforcing Activities

Building Lessons

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Assessing Student Progress

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Nutrition-Enhanced EPEC K-5 Training Objectives

- Describe key features of the Nutrition-Enhanced EPEC K-5 curriculum
- Understand the Teaching/Learning Progressions
- State key features of EPEC Nutrition-Enhanced Reinforcing Activities
- Understand EPEC nutrition connections
- Compile EPEC Instructional Segments into lessons
- Use an EPEC Assessment Rubric to score student performance

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