

# FY24 Direct Education Nutrition Educator Log

Link to Online Educator Log: <https://mffsnap-ed.org/FY24-Educator-Log>.

This educator log should be filled out **online** after completing **ALL SERIES** of an intervention. For example, if you teach a program to 37 classrooms, you can fill out one log for all 37 classrooms. There is a place on to note variations across groups. If you teach three different interventions, you need to submit one log for each (total of three).

This document is a “paper” version of the online log. You might find it helpful to make notes on a paper copy throughout the lesson series. When the log is submitted, responses entered will be emailed to the educator and program lead/manager/coordinator. This provides an opportunity for the program lead to review the logs as they are submitted. MFF will compile data from all organizations and share findings and successful strategies.

1. Organization: \_\_\_\_\_
2. Educator last name: \_\_\_\_\_
3. A copy of responses will be emailed to you after the log is submitted. Your email address: \_\_\_\_\_
4. A copy of responses will also be emailed to your local program lead/manager/supervisor when you submit this log.  
Their email address: \_\_\_\_\_
5. **Core** intervention: \_\_\_\_\_
6. How many TOTAL classes/groups did you teach of this intervention throughout the program year? \_\_\_\_\_
7. What was the average group size for this intervention? \_\_\_\_\_
8. Total number of participants you reached with this intervention *Note: You can estimate this by multiplying the number of lesson series/groups (#6 above) by the average class size (#7 above).* \_\_\_\_\_
9. How many lessons are in one series for this intervention? \_\_\_\_\_
10. Setting where the participants received the program: (Check all that apply for this intervention.)

<input type="checkbox"/> School (during school hours)	<input type="checkbox"/> School (before/after program)	<input type="checkbox"/> School (summer program)
<input type="checkbox"/> Community/recreation center	<input type="checkbox"/> Summer meal/feeding site	<input type="checkbox"/> Food pantry/food bank
<input type="checkbox"/> Public library	<input type="checkbox"/> Farmers market	<input type="checkbox"/> Faith-based site
<input type="checkbox"/> Pre-school/Head Start	<input type="checkbox"/> Grocery/food store	<input type="checkbox"/> Public housing
<input type="checkbox"/> Group living/residential home	<input type="checkbox"/> Garden/park	<input type="checkbox"/> Senior center
<input type="checkbox"/> Remote to participants' home	<input type="checkbox"/> Clinical/health care site	<input type="checkbox"/> Our facility (ISD, etc.)
<input type="checkbox"/> Social services organization	<input type="checkbox"/> Other: _____	
11. Average lesson length: \_\_\_\_\_ (minutes)
12. Frequency of lesson delivery:  Monthly  Weekly  Twice per month  Twice per week  
 Once (one-time intervention)  It varied  Other: \_\_\_\_\_
13. Lesson delivery: Which delivery method(s) did you use to teach this program? (Check all that apply.)

<input type="checkbox"/> Synchronous in-person visit (Educator visits site and delivers lessons to participants in person).
<input type="checkbox"/> Synchronous virtual visit to group (Educator delivers lessons virtually to participants at a remote site).
<input type="checkbox"/> Synchronous virtual to homes (Educator delivers lessons virtually to participants in their homes).
<input type="checkbox"/> Asynchronous with interaction (Participants watch pre-recorded lessons and interact with educator).
<input type="checkbox"/> Asynchronous without interaction (Participants watch recorded lessons without educator interaction).
14. Which, if any, modifications were made from your plan for the intervention? (Check all that apply.)

- Changed sequence of lessons
- Combined lessons
- Changed or replaced activities
- Delivered food to remote sites
- Decreased PA
- Replaced recipe
- Changed from in-person to remote delivery
- Other: \_\_\_\_\_
- Decreased number of lessons
- Shortened lesson time
- Replaced food tasting with food demo (live or video)
- Delivered food to participants' homes
- Added more PA
- Replaced live FitBit with video
- Changed from remote to in-person delivery
- Increased number of lessons
- Classrooms were combined
- Omitted tasting
- Didn't provide NERI
- Replaced FitBit with different PA

15. Which, if any, supplemental resources were used with this intervention? (Check all that apply.)

- Michigan Harvest of the Month materials
- Health through Literacy take-home bookbag
- Fit Bits
- Fruit/Veggie toys/beanbags
- Additional recipes
- NERI
- Chop Chop magazine
- 5-2-1-0 materials
- Health through Literacy classroom book set
- Food model cards
- Community Connections
- Additional handouts
- MyPlate or other USDA materials
- Videos
- Rec-Connect
- Other: \_\_\_\_\_

16. What population(s) did you use this intervention with? (Check all that apply.)

- Pre-K/K
- Middle school
- Adults (Seniors)
- People whose first language is not English
- Grades 1-2
- High school
- Learners with cognitive disabilities
- Other: \_\_\_\_\_
- Grades 3-5
- Adults (General)

17. Since you are filling out one log for all series combined for this intervention, explain differences across groups to help us understand how they varied.

\_\_\_\_\_

18. Please share a successful strategy or tip you used to successfully implement this program. \_\_\_\_\_

19. Did you provide at least one lesson virtually? If "no", your log is complete.  Yes  No

20. If "yes", how valuable do you think virtual lessons were compared to in-person lessons?

- Same value
- Less value
- More value
- Not sure

21. How engaged did participants seem in the virtual lessons?

- Very engaged
- Somewhat engaged
- Not engaged
- Not sure