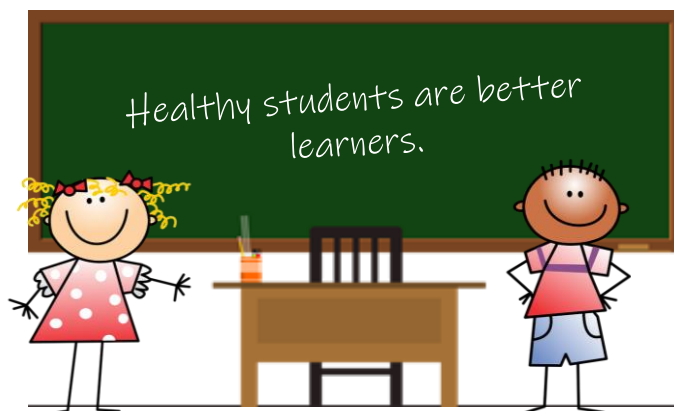


SCHOOL IS DIFFERENT THIS YEAR – A FOCUS ON HEALTH WILL BE IMPORTANT

With changes in routine and less access to safe spaces for activity, children's **levels of physical activity are decreasing.**

75% of children don't get the recommended 60+ minutes of daily physical activity.



United States Department of Health and Human Services. (2018). *Physical Activity Guidelines for Americans, 2nd Edition*. Washington DC: U.S. Department of Health and Human Services.
An, R. (2020). Projecting the impact of the coronavirus disease-19 pandemic on childhood obesity in the United States: A microsimulation model. *Journal of Sport and Health Science*, doi:10.1016/j.jshs.2020.05.006

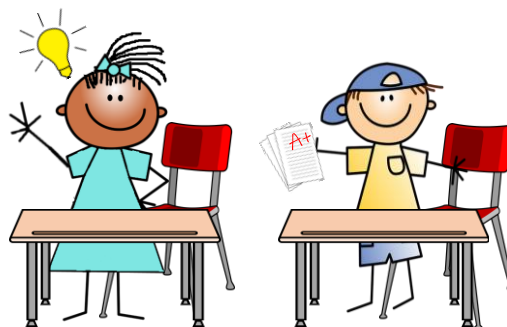
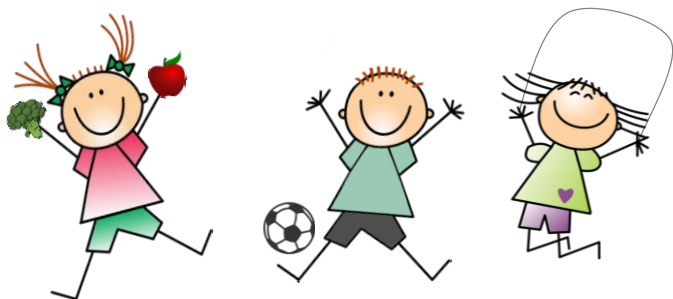
HEALTHY STUDENTS ACHIEVE MORE

Students that **eat well and are more active** have better:

Academic
Performance

Cognitive
Skills

Classroom
Behavior



Centers for Disease Control and Prevention. Health and academic achievement. Atlanta: GA Centers for Disease Control and Prevention.

SNAP-ED SUPPORTS HEALTHY STUDENTS

Of youth who participated in SNAP-Ed programs



40%
increased
physical activity



28%
ate vegetables
more often



20%
ate fruit
more often

Evaluation findings from program year 2019.

Economic Impact

Economic modeling of the *Physical Education and Nutrition Working Together™* program offered through SNAP-Ed predicted that participating students could earn an **extra \$10,000** over their lifetime as a result of increased academic performance.

Economic evaluation completed by G. Taylor, Dept of Agriculture, Food, and Resource Economics, College of Agriculture and Natural Resources, Michigan State University.